



ZEN ATELIER SPA PRICE LIST

MASSAGE THERAPY

SWEDISH MASSAGE – 60 MIN	\$60
DEEP TISSUE MASSAGE – 60 MIN	\$75
90 MIN MASSAGE	\$110
2 HOUR MASSAGE	\$140

HOT STONE THERAPY

HOT STONE – 30 MIN	\$75
HOT STONE – 60 MIN	\$100
HOT STONE – 90 MIN	\$125
HOT STONE – 2 HOUR	\$165

SPEACIAL BODY WORK

ISOLATED STRETCH THERAPY – 60 MIN	\$75
FOOT REFLEXOLOGY	\$50

FACIAL SERVICES

EXPRESS FACIAL	\$45
PREMIUM FACIAL	\$75
CHEMICAL PEEL (FACE)	\$250
ADVANCED BACK TREATMENT	\$450
CHEMICAL PEEL	



ZEN ATELIER SPA PRICE LIST

ADVANCED FACIAL ENHANCEMENTS

OXYGEN INFUSION FACIAL INSTANT HYDRATION + GLOW BOOST	\$95
GALVANIC RENEWAL FACIAL DEEP PRODUCT PENETRATION + DETOX	\$90
HIGH FREQUENCY CLARIFYING FACIAL ACNE, INFLAMMATION & CIRCULATION SUPPORT	\$85
MICRODERMABRASION RESURFACING FACIAL TEXTURE SMOOTHING + CELLULAR RENEWAL	\$110

ARTISAN ADD-ONS

DERMA PLANE RITUAL	\$40
FOCUSED EXTRACTIONS	\$20
EXTENDED EXTRACTIONS	\$35
HIGH FREQUENCY BOOST	\$20
GALVANIC INFUSION BOOST	\$20
OXYGEN GLOW ADD-ON	\$25

BODY RITUAL ADD-ONS

AROMATHERAPY INFUSION	\$10
BACK SCRUB TREATMENT	\$35
FOOT RENEWAL SCRUB	\$20

WAXING & GROOMING

BROW WAX	\$10
LIP WAX	\$7
UNDERARM WAX	\$25
LIP + BROW WAX	\$12



ZEN ATELIER SPA PRICE LIST

TINTING

BROW TINT	\$8
LASH TINT	\$8
LASH + BROW TINT RITUAL	\$12

CURATED RETAIL

JEWELRY BRACELET	\$5
JEWELRY NECKLACE	\$10
SMALL DECAL	\$5
LARGE DECAL	\$10

(678) 262-7386

@ZEN_ATELIER

PRESSURE IS ALWAYS ADJUSTED TO CLIENT COMFORT. DEEP TISSUE IS NEVER FORCED
AND MAY BE REDUCED OR MODIFIED AT ANY TIME DURING THE SESSION.



ZEN ATELIER SPA BUNDLES

THE ZEN RESET FACIAL \$135 | 75-90 MIN

A restorative facial experience designed to reset stressed skin and calm the nervous system. This treatment gently exfoliates, deeply hydrates, and encourages healthy circulation—leaving skin refreshed, balanced, and glowing.

INCLUDES:

- PREMIUM FACIAL
- DERMAPLANE RITUAL
- HIGH FREQUENCY BOOST

Best for: dull skin, congestion, stress-related breakouts, uneven texture

THE ATELIER GLOW RITUAL \$155 | 90 MIN

A luminous skin ritual focused on hydration, oxygenation, and radiance. Ideal before special events or whenever your skin feels tired and depleted.

INCLUDES:

- OXYGEN INFUSION FACIAL
- GALVANIC INFUSION BOOST
- FOCUSED EXTRACTIONS (IF NEEDED)

Best for: dry or dehydrated skin, lackluster tone, instant glow results

DEEP RENEWAL FACIAL JOURNEY \$175 | 90 MIN

A comprehensive resurfacing experience that smooths texture, refines pores, and supports long-term skin renewal. This treatment is customized to your skin's tolerance and goals.

INCLUDES:

- MICRODERMABRASION
RESURFACING FACIAL
- DERMAPLANE RITUAL
- EXTENDED EXTRACTIONS

Best for: uneven texture, congestion, sun damage, fine lines



ZEN ATELIER SPA BUNDLES

CLARIFY & CALM ACNE SUPPORT FACIAL

\$145 | 75-90 MIN

A targeted treatment designed to calm inflammation, reduce bacteria, and support clearer skin—without stripping or over-drying.

INCLUDES:

- HIGH FREQUENCY CLARIFYING FACIAL
- FOCUSED EXTRACTIONS
- CALMING MASK + BARRIER REPAIR FINISH

Best for: acne-prone skin, hormonal breakouts, inflammation

BACK RENEWAL RITUAL

\$160 | 75 MIN

A deep-cleansing and exfoliating treatment for one of the most commonly neglected areas of the body. Designed to clarify pores, smooth texture, and support healthy skin on the back.

INCLUDES:

- BACK SCRUB TREATMENT
- CUSTOMIZED BACK FACIAL
- HIGH FREQUENCY THERAPY

Best for: back acne, congestion, rough texture

TOTAL BODY UNWIND

\$130 | 90 MIN

A grounding experience that restores both body and mind. Perfect for clients needing physical relief while still craving relaxation.

INCLUDES:

- 60-MINUTE SWEDISH MASSAGE
- FOOT REFLEXOLOGY
- AROMATHERAPY INFUSION

Best for: stress relief, tension, nervous system regulation



ZEN ATELIER SPA BUNDLES

THE ZEN SCULPT & FLOW

\$145 | 90 MIN

A focused body treatment combining therapeutic massage techniques with intentional stretching to improve mobility and reduce chronic tension.

INCLUDES:

- ONE HOUR MASSAGE
- ISOLATED STRETCH THERAPY
- AROMATHERAPY INFUSION

Best for: chronic tightness, limited range of motion, active lifestyles

MINI GLOW ADD-ON BUNDLE

\$55 | ADD-ON ONLY

Enhance any facial with a quick glow boost designed to elevate results without extending treatment time significantly.

INCLUDES:

- DERMAPLANE RITUAL
- GALVANIC INFUSION BOOST



ZEN ATELIER SPA MIGRAINE RELIEF THERAPY PACKAGES

MIGRAINE EASE SESSION

\$95 | 75 MINUTES | LIGHT TO MODERATE PRESSURE

A calming, nervous-system-focused session using gentle, intentional techniques to reduce muscular tension commonly associated with migraine triggers. This session avoids deep pressure and prioritizes comfort, breath, and sensory regulation.

INCLUDES:

- LIGHT SWEDISH MASSAGE TO NECK, SHOULDERS, AND UPPER BACK
- GENTLE SCALP MASSAGE
- FACIAL PRESSURE POINT THERAPY
- AROMATHERAPY INFUSION (PEPPERMINT OR LAVENDER)

Best for: stress-related migraines, sensitivity to pressure, first-time migraine clients

CHRONIC MIGRAINE SUPPORT RITUAL

\$145 | 90 MINUTES | MODERATE TO DEEP PRESSURE (AS TOLERATED)

A therapeutic session designed for clients who benefit from deeper muscular work in the neck, shoulders, and upper back while still maintaining a calm, low-stimulation environment.

INCLUDES:

- TARGETED DEEP TISSUE WORK TO NECK, SHOULDERS, AND UPPER BACK
- ISOLATED STRETCH THERAPY
- SCALP AND TEMPLE WORK
- FOOT REFLEXOLOGY
- OPTIONAL LOW-LIGHT SETTING

Best for: chronic migraines, muscular compression, tension-based headaches



ZEN ATELIER SPA MIGRAINE RELIEF THERAPY PACKAGES

MIGRAINE CARE SERIES (4 SESSIONS)

\$520 | PRESSURE CUSTOMIZED PER SESSION

A progressive care plan where pressure is adjusted session-by-session based on response and symptom patterns.

PRESSURE IS ALWAYS ADJUSTED TO CLIENT COMFORT. DEEP TISSUE IS NEVER FORCED
AND MAY BE REDUCED OR MODIFIED AT ANY TIME DURING THE SESSION.



ZEN ATELIER SPA TMJ RELIEF THERAPY PACKAGES

TMJ RELEASE SESSION

\$85 | 60 MINUTES | LIGHT TO MODERATE PRESSURE

A gentle, focused session using external jaw work only, emphasizing relaxation and decompression rather than force.

INCLUDES:

- EXTERNAL JAW AND FACIAL MUSCLE TECHNIQUES
- LIGHT NECK AND SHOULDER MASSAGE
- FACIAL PRESSURE POINT THERAPY
- HEAT APPLICATION (IF APPROPRIATE)

Best for: jaw clenching, facial sensitivity, clients new to TMJ work

ADVANCED TMJ RELIEF RITUAL

\$135 | 90 MINUTES | MODERATE TO DEEP PRESSURE (AS TOLERATED)

A comprehensive session for chronic TMJ tension that incorporates deeper muscle engagement in the neck and shoulders while maintaining careful, controlled pressure at the jaw.

INCLUDES:

- EXTENDED JAW, NECK, AND SHOULDER WORK
- DEEPER TISSUE TECHNIQUES TO SUPPORTING MUSCLES
- SCALP MASSAGE
- ISOLATED CERVICAL STRETCHING
- AROMATHERAPY INFUSION

Best for: chronic TMJ dysfunction, tension headaches linked to jaw imbalance

TMJ RESTORATION SERIES (4 SESSIONS)

\$480 | PRESSURE CUSTOMIZED & PROGRESSED OVER TIME

Pressure is gradually increased or reduced based on symptom response and muscle adaptation.

OPTIONAL ENHANCEMENTS (PRESSURE-NEUTRAL ADD-ONS)

AROMATHERAPY INFUSION	\$10
HIGH FREQUENCY(FACIAL MUSCLES ONLY)	\$20
SCALP MASSAGE EXTENSION	\$15

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ZEN Atelier

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Massage + Technology Packages



RECOVERY RESET

60 MINUTES — \$100

- ✓ 60-minute Deep Tissue Massage
- ✓ Ultrasonic PulseWave Therapy (1 treatment area)

BEST FOR:

- Muscle soreness
- Inflammation
- Mild tendon irritation



PAIN RELIEF INTENSIVE

75 MINUTES — \$130

- ✓ 60-minute Deep Tissue Massage
- ✓ Shockwave Therapy (1 treatment area)

BEST FOR:

- Plantar fasciitis
- Tennis elbow
- Chronic shoulder pain
- Scar tissue
- Tendinopathy



PERFORMANCE RECOVERY

90 MINUTES — \$155

- ✓ 75-minute Deep Tissue Massage
- ✓ Ultrasonic PulseWave Therapy
- ✓ Shockwave Therapy

BEST FOR:

- Athletes
- Chronic pain
- Post-injury rehabilitation



ADVANCED TISSUE RESTORATION

90 MINUTES — \$170

- ✓ Deep Tissue Massage
- ✓ Ultrasonic PulseWave Therapy
- ✓ Shockwave Therapy
- ✓ Hot/Cold Therapy as needed

DESIGNED FOR:

- Chronic muscle tension
- Scar tissue
- Restricted mobility



ULTIMATE RECOVERY SESSION

120 MINUTES — \$225

- ✓ 90-minute Deep Tissue Massage
- ✓ Ultrasonic PulseWave Therapy
- ✓ Shockwave Therapy
- ✓ Stretching
- ✓ Hot/Cold Therapy



Our most comprehensive recovery treatment for maximum healing, mobility, and long-lasting pain relief.

COMBINATION ADD ON



RECOVERY UPGRADE

\$45 (SAVE \$10)

- PulseWave Therapy
- Shockwave Therapy



THERAPEUTIC UPGRADE

\$55 (SAVE \$15)

- PulseWave Therapy
- Shockwave Therapy
- Stretching



ELITE RECOVERY UPGRADE

\$65 (SAVE \$20)

- PulseWave Therapy
- Shockwave Therapy
- Stretching
- Cryotherapy or Hot Stones

Recover. Restore. Perform.

Experience the perfect combination of therapeutic massage and advanced recovery technology to reduce pain, improve mobility, and accelerate healing.



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Skincare Services



ZEN EXPRESS GLOW

45 MINUTES — \$75

Perfect for maintenance and first-time clients.

INCLUDES:

- ✓ Skin analysis
- ✓ Double cleanse
- ✓ Gentle exfoliation
- ✓ Facial massage
- ✓ TheraFace Hot & Cold Therapy
- ✓ Moisturizer & SPF

BEST FOR:

Monthly maintenance and refreshing tired skin.



RADIANCE RENEWAL FACIAL

60 MINUTES — \$105

Your signature customized facial.

INCLUDES:

- ✓ Customized facial
- ✓ Ultrasonic skin infusion
- ✓ LED Light Therapy
- ✓ TheraFace Hot & Cold Therapy
- ✓ Facial massage
- ✓ Customized finishing products

BEST FOR:

Dullness, dehydration, and healthy skin maintenance.



SCULPT & DRAIN FACIAL

75 MINUTES — \$130

Designed to reduce puffiness and sculpt facial contours.

INCLUDES:

- ✓ Customized facial
- ✓ Manual lymphatic drainage massage
- ✓ Stainless facial sculpting/scraping
- ✓ TheraFace warming & cooling therapy
- ✓ LED Light Therapy
- ✓ Hydrating mask

BEST FOR:

- Facial puffiness
- Sinus congestion
- Jaw tension
- Post-travel swelling



ADVANCED SKIN RENEWAL FACIAL

75 MINUTES — \$145

INCLUDES:

- ✓ Customized facial
- ✓ Ultrasonic therapy
- ✓ Galvanic treatment
- ✓ LED Light Therapy
- ✓ TheraFace Therapy
- ✓ Lymphatic facial scraping
- ✓ Sculpting facial massage
- ✓ Customized mask

BEST FOR:

- Fine lines
- Dehydrated skin
- Mature skin
- Improving product penetration



CLEAR COMPLEXION FACIAL

75 MINUTES — \$145

Ideal for acne-prone skin.

INCLUDES:

- ✓ Deep cleansing
- ✓ Extractions
- ✓ High Frequency
- ✓ Ultrasonic Therapy
- ✓ LED Blue Light
- ✓ TheraFace Cooling Treatment
- ✓ Oil-control finishing products



ZEN SIGNATURE LUXURY FACIAL

90 MINUTES — \$170

Your premium facial.

INCLUDES:

- ✓ Customized facial
- ✓ Ultrasonic Therapy
- ✓ LED Light Therapy
- ✓ Galvanic treatment
- ✓ Manual lymphatic drainage
- ✓ Facial scraping/sculpting
- ✓ TheraFace warming & cooling treatment
- ✓ Extended facial massage
- ✓ Neck & shoulder massage
- ✓ Luxury mask
- ✓ Lip treatment
- ✓ Finishing products



ELITE ANTI-AGING FACIAL

105 MINUTES — \$195

INCLUDES:

- ✓ Customized facial
- ✓ Ultrasonic infusion
- ✓ Galvanic Therapy
- ✓ LED Light Therapy
- ✓ High Frequency (as indicated)

- ✓ Manual lymphatic drainage
- ✓ Facial sculpting massage
- ✓ TheraFace warming & cooling treatment
- ✓ Collagen or firming mask
- ✓ Neck & shoulder massage
- ✓ Eye treatment
- ✓ Lip treatment



Designed for clients seeking firmer, brighter, and more youthful-looking skin.

FACIAL ADD-ON MENU

ADD-ON

- ✓ Dermaplane \$20
- ✓ Ultrasonic Therapy \$20
- ✓ LED Light Therapy \$20
- ✓ High Frequency \$15
- ✓ Galvanic Treatment \$20
- ✓ TheraFace Hot & Cold Therapy \$15

PRICE

ADD-ON

- ✓ Facial Lymphatic Drainage Massage \$20
- ✓ Facial Sculpting/Scraping \$20
- ✓ Eye Treatment \$10
- ✓ Lip Treatment \$10
- ✓ Extended Neck & Shoulder Massage (15 min) \$25

PRICE

Healthy Skin. Zen Within.

Advanced technology. Personalized care. Naturally radiant results.



ZEN ATELIER SPA
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BODY SCULPTING

SINGLE TREATMENTS

RF SKIN TIGHTENING 30 min • \$65
Targeted firming treatment for smoother, tighter-looking skin.

ULTRASONIC CAVITATION 30 min • \$70
Non-invasive contouring treatment targeting one selected body area.

VACUUM + RF SCULPTING 30 min • \$70
Targeted contouring designed to smooth the appearance of cellulite and improve skin texture.

COMBINATION SCULPTING

CAVITATION + RF SCULPT 45 min • \$95
Cavitation and skin tightening combined for one targeted area.

SIGNATURE BODY SCULPT 60 min • \$125
Cavitation, RF skin tightening, and vacuum contouring.

360° ABDOMEN & WAIST SCULPT 75 min • \$150
Extended contouring of the abdomen, waist, and surrounding areas.

EXTENDED TWO-AREA SCULPT 90 min • \$175
Customized sculpting treatment targeting two areas.

PREMIUM EXPERIENCE

ZEN SCULPT 360° 75 min • \$165
Our premium multi-modality sculpting experience, including Cavitation, RF Skin Tightening, Vacuum Contouring, Targeted Lymphatic Techniques, and Vibrating Lymphatic Sculpting.

SIGNATURE SCULPT PACKAGES

SINGLE SESSION	4 SESSIONS	6 SESSIONS	8 SESSIONS
\$125	\$450	\$630	\$800

MESSAGE ENHANCEMENT

TARGETED RF SKIN TIGHTENING +\$45
Add targeted RF skin tightening to an eligible massage service.